**Glanford Curling Club**

3091 Homestead Drive

PO Box 153

Mount Hope ON

L0R 1W0

905-679-9809

**Adult Learn to Curl Registration - Fall 2025**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Shoe Size: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This is a 5-week course for adults new to the sport of curling, or those that have curled for less than 3 years. The classes will run on Sunday afternoons on **November 2, 9, 16, 23, 30 2025 from 1:30-3:30 p.m.**

The course involves instruction in all aspects of the game of curling: safety, balance, delivery, sweeping, equipment and strategy. Instructors have been trained through the Ontario Curling Association (CurlON).

The cost of this course is $275 (HST included), and includes two grippers and a half-year trial membership - so you can join a league(s) for the second half of the season!

Payment can be made by:

* Cash
* Cheque payable to Glanford Curling Club Inc
* E-transfer to membership@glanfordcurling.com If you are e-transferring your payment, please include your name, and that the payment is for Learn to Curl in the message

Dress for this course is simple: dress warmly in layers with comfortable fitting pants (jeans are not recommended). You will need a clean pair of running shoes that are dedicated to curling and have not been used outside (outdoor debris on shoes damages the ice surface). Brooms, sticks and sliders will be provided.

Completed applications should be sent to LTC@glanfordcurling.com